

BERA E-NEWSLETTER 2nd January 2020 – www.bera.co.uk
(printable version of Newsletter is available soon on website if needed)

Reminders:

New Which subscription logon details:
Email or Username: burgesestate
Password: BERA2019

“Which Garden” - log on to Which as usual, but pick the “House and Garden” option at the top. Then pick “Garden” and you will find reviews for all types of gardening tools and accessories.

If any of you have taken photos locally that you would like displayed on the BERA website, please send them by email to: photos@bera.co.uk.

BERA Coffee Morning -The next BERA sponsored coffee morning will be on Thursday 16th January 2020 at The Methodist Church on the corner of Johnstone Road and The Broadway from 10am to midday (unless we advise you otherwise it is always on the 3rd Thursday of the month). Please come along for free tea/coffee and biscuits and bring a friend. We will be bringing along panic and personal alarms, no cold caller letterbox stickers, contactless debit card blocking pouches, and will take orders for the car key signal blocking pouches.

1) Information Corner

Santa Claus delivered thanks to generous donations

Nearly 2,000 vulnerable children had a Christmas present to open on the big day, thanks to the incredible generosity of local residents and businesses.

The sixth annual Toy Drive, set up and managed by Southend-on-Sea Borough Council, came to a close last week. 2019 has been a record-breaking year for the project; 1,892 presents were collected and were delivered to vulnerable children across the borough.

The previous record total was 1,552 in 2017 and over the six years the project has been run, 7,034 presents have been donated and shared out at local children’s centres, food banks, refuges and charitable children’s parties.

In total, 924 meters of wrapping paper and 29 rolls of cellotape has been used. Residents who find themselves left with any unused wrapping paper are invited to drop the excess off to the Civic Centre, so that the team can use it to wrap presents for next year’s Toy Drive.

New referral programme to improve health for all ages in 2020

A new wellbeing referral programme that will see subsidised exercise sessions introduced to help people get active and to keep them well, will launch at the end of January 2020.

The scheme for all adults will be subsidised by ending the four free swims per year currently offered to residents over 65 years old, which has seen less than 20 people per month on average take up the offer.

Southend-on-Sea Borough Council is introducing the new scheme of various health and fitness classes, in partnership with Everyone Health and Fusion Lifestyle.

GP's will be able to refer residents who are over the age of 16, currently inactive and living with one or more specific health conditions.

There will be a mixture of group classes, one-to-one exercise, gym sessions, swimming, and specialist classes for certain health conditions, such as heart and lung issues and pain management, costing just £2 each.

The card entitling residents over 65 to four free swimming sessions will stop being issued on 31 December 2019. People will have until 31 January 2020 to use their sessions. The new exercise sessions will cost £2 per session and begin in February 2020.

The courses include:

12 week supervised introduction to physical activity. Southend Leisure and Tennis Centre, Shoeburyness Leisure Centre and Chase Sports and Fitness Centre.

12 swims during any public swimming session. Belfairs Swim Centre, Shoeburyness Leisure Centre and Southend Leisure and Tennis Centre.

Water therapy classes at Belfairs Swim Centre.

Pulmonary classes at Southend Leisure and Tennis Centre. Low intensity circuit to help improve endurance and the body's ability to use oxygen efficiently.

Cardia rehabilitation classes at Southend Leisure and Tennis Centre. Designed to improve cardiovascular health.

Pain management course focusing on people with back pain. Details to be confirmed.

For more information about these sessions, they will be updating their Southend-on-Sea Borough Council Public Health Facebook page.

Those who do not qualify for a GP referral but still want to access exercise classes, can speak directly to the venues about pay-as-you-go and membership options.

Southend Leisure and Tennis Centre: 01702 613000

Chase Sports and Fitness Centre: 01702 433006

Belfairs Swim Centre: 01702 712155

Shoeburyness Leisure Centre: 01702 293558

2) Southend NHW Crime Data - 23rd to 29th December 2019

Ward	Reference	Offence Type	Reported Date	Committed From	Street	Town	MO
Southchurch	42/201488/19	Burglary - Business And Community	19/12/2019 04:23	19/12/2019 00:00	Southchurch Road	Southend-on-Sea	SUSPECTS UNKNOWN HAVE GAINED ENTRY INTO THE BUSINESS VIA A DOOR.
Southchurch	42/201782/19	Theft if not classified elsewhere	23/12/2019 18:19	14/12/2019 00:00	Hamstel Road	Southend-on-Sea	SUSPECT HAS THROWN AWAY THE VICTIMS PASSPORT AND SPEAKERS THUS PERMANENTLY DEPRIVING HIM OF THEM.
Southchurch	42/202248/19	Attempted Burglary - Business And Community	24/12/2019 16:01	23/12/2019 18:00	Southchurch Road	Southend on Sea	SUSPECTS UNKNOWN HAVE ATTEMPTED TO GAIN ENTRY TO THE BUSINESS OFFICE BY MEANS OF TURNING OFF THE OFFICE ELECTRIC SUPPLY AND USING AN UNKNOWN OBJECT TO TRY AND BREAK THE WINDOW, WHICH HAS CAUSED A MARK TO THE GLASS. THE SUSPECTS HAVE ALSO DAMAGED THREE VEHICLES.
Southchurch	42/202660/19	Other criminal damage to a dwelling (Under £5,000)	25/12/2019 10:26	24/12/2019 00:00	Ashurst Avenue	Southend-on-Sea	SUSPECT UNKNOWN HAS SMASHED THE VICTIMS WINDOW AND KICKED HER FRONT DOOR

							CAUSING DAMAGE.
Southchurch	42/204334/19	Burglary - Residential - Dwelling	29/12/2019 16:07	28/12/2019 23:00	Sherwood Way	Southend-on-Sea	SUSPECT UNKNOWN HAS BY MEANS UNKNOWN GAINED ACCESS TO THE VICTIMS FLAT AND STOLEN JEWELLERY AND THE HOUSE KEYS.
Thorpe	42/202159/19	Burglary - Residential - Dwelling	24/12/2019 11:50	17/12/2019 00:00	Brettenham Drive	Southend-on-Sea	SUSPECTS UNKNOWN HAVE GAINED ENTRY TO THE PREMISES BY SMASHING GLASS IN CONSERVATORY DOOR AND THEN SMASHING GLASS IN AN INTERIOR FRENCH DOOR, THEN CARRIED OUT A MESSY SEARCH OF ENTIRE PREMISES AND STOLE TV AND JEWELLERY.
Thorpe	42/202808/19	Theft if not classified elsewhere	26/12/2019 11:40	12/07/2019 00:00	The Broadway	Southend-on-Sea	SUSPECT UNIDENTIFIED HAS NOT RETURNED A NECKLACE TO THE VICTIM. VICTIM FOUND THE SUSPECT ON THE INTERNET AND SENT A NECKLACE FOR THE SUSPECT TO FIX. THE NECKLACE WAS NEVER RETURNED.
Thorpe	42/202881/19	Theft from a motor vehicle	26/12/2019 16:10	14/12/2019 16:00	St. Augustines Avenue	Southend-on-Sea	SUSPECT UNKNOWN HAS GAINED ENTRY TO THE VICTIM BLACK AUDI A6 BY MEANS UNKNOWN AND HAS STOLEN THE VICTIM COMPLETE GOLF CLUB, GOLF TROLLEY AND OTHER GOLF ACCESSORIES ADDING £2500

							WORTH OF ITEMS.
Thorpe	42/203072/19	Theft of a motor vehicle	26/12/2019 22:32	26/12/2019 21:30	Colbert Avenue	Southend-on-Sea	SUSPECT UNKNOWN BY MEANS UNKNOWN HAS STOLEN THE VICTIMS RANGE ROVER EVOQUE INDEX R11HSP.
Thorpe	42/203148/19	Other criminal damage to a vehicle (Under £5,000)	27/12/2019 11:33	27/12/2019 03:00	Burges Terrace	Southend-on-Sea	SUSPECT UNKNOWN CAUSED DAMAGE TO BLACK MERCEDES GLS BY SCRATCHING NEARSIDE DOOR AND FRONT PANEL, USING MEANS UNKNOWN.
Thorpe	42/203629/19	Burglary - Residential - Dwelling	27/12/2019 19:04	27/12/2019 00:00	Burges Road	Southend-on-Sea	SUSPECT UNKNOWN GAINED ACCESS TO THE ADDRESS BY SMASHING THE BI-FOLDING DOORS TO THE REAR OF THE ADDRESS, CONDUCTED A MESSY SEARCH UPSTAIRS, SMASHED THE ALARM SYSTEM AND WALKED GLASS THROUGHOUT THE HOUSE. BOOT PRINTS LEFT IN THE BEDROOM. TWO WATCHES AND A SAMSUNG TABLET TAKEN.
Thorpe	42/204147/19	Theft or Unauthorised Taking of a Pedal Cycle	29/12/2019 11:11	28/12/2019 23:59	Woodgrange Drive	Southend-on-Sea	SUSPECT UNKNOWN HAS BY MEANS UNKNOWN CUT THE LOCK TO THE VICTIMS BIKE AND STOLEN THEIR BIKE, A BLACK CARRERA VENGEANCE.
Shoebury	42/201610/19	Other criminal damage to a vehicle	29/03/2019 13:03	28/03/2019 22:30	Seaview Road	Southend-on-Sea	SUSPECT HAS THROWN A BRICK AT THE VICTIMS

(Under
£5,000)

ROLLS ROYCE
CAUSING THE
DRIVERS SIDE
WINDOW TO
SMASH. SUSPECT
THEN USED A
SCREW DRIVER
AND CONCRETE
BLOCK TO SMASH
DRIVERS SIDE
WINDOW OF
VICTIMS
VAUXHALL
COMBO VAN.

West Shoebury	42/202131/ 19	Theft of a motor vehicle	07/12/2019 09:19	05/12/2019 00:00	Delaware Road	Southend- on-Sea	SUSPECT UNKNOWN HAS REMOVED VICTIMS SILVER NISSAN X-TRAIL SVE, INDEX GY54TAV, BY MEANS UNKNOWN AND WITHOUT PERMISSION.
West Shoebury	42/204412/ 19	Theft of a motor vehicle	29/12/2019 18:39	22/12/2019 00:00	Bishopsteignton	Southend- on-Sea	SUSPECT UNKNOWN BY MEANS UNKNOWN HAS STOLEN THE VICTIMS BLUE BMW ONE SERIES, INDEX MV68CTO, FROM THE DRIVEWAY.

3) List Of Applications Registered Week Ending 27 December 2019

APPLN. NO: 19/02332/FULH Ward. **West Shoebury**
Officer: Oliver Hart Date Valid. 19 December 2019 Area BORO
ERECT PART SINGLE/PART TWO STOREY REAR EXTENSION
179 BISHOPSTEIGNTON SHOEBURYNESS SOUTHEND-ON-SEA

APPLN. NO: 19/02347/FULH Ward. **West Shoebury**
Officer: Kara Elliott Date Valid. 20 December 2019 Area BORO
ERECT PART SINGLE/PART TWO STOREY REAR EXTENSION
144 AYLESBEARE SHOEBURYNESS SOUTHEND-ON-SEA

4) Temporary Road Closures – Elm Grove & Thorpe Hall Avenue, Southend-on-Sea – 7th February to 12th March 2020 – Gas mains replacement works

The Effect of the order will be to prohibit any vehicle from:

1. Proceeding Eastbound on Elm Grove from its junction with Thorpe Hall Avenue to The Broadway making Elm Grove one way.
2. Turning left into Elm Grove from its junction with Thorpe Hall Avenue.
3. Parking, stopping, waiting, loading & unloading on Elm Grove from its junction with Thorpe Hall Avenue to The Broadway

The closure is scheduled to commence on 7th February 2020 till 12th March 2020

The alternative route will be via Thorpe Hall Avenue, Acacia Drive & The Broadway

The closure is required for the safety of the public and workforce whilst gas main replacement works take place.