

E-Newsletter – 18th November 2022

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1) Information Corner



BERA Coffee Morning

Thank you to all who attended yesterday's coffee morning and for all your kind donations to the food bank. The bags of food were delivered yesterday afternoon and were gratefully received.

The next coffee morning will be on **Thursday 15th December** at **10.00am to midday** at **Thorpe Bay Methodist Church** (corner of The Broadway and Johnstone Road). We will be bringing along panic and personal alarms, contactless debit card blocking pouches, no cold caller stickers and the car key signal blocking pouches, which are free to members.

All welcome to come for a chat, tea and cake and bring a friend. We look forward to seeing you.

Does the NHS ever stop re-organising?



The Government's aim in the Health and Care Act 2022 is to continue the work of bringing the NHS closer to other partners, especially social care, by creating integrated care systems (ICS). As local people, we don't fit neatly into an NHS box, or a social services' one. We need services to work together. Real people don't necessarily fit neatly into an NHS box, or a Social Services box. We need services to work together to treat us as a whole person, and to find solutions that work locally.

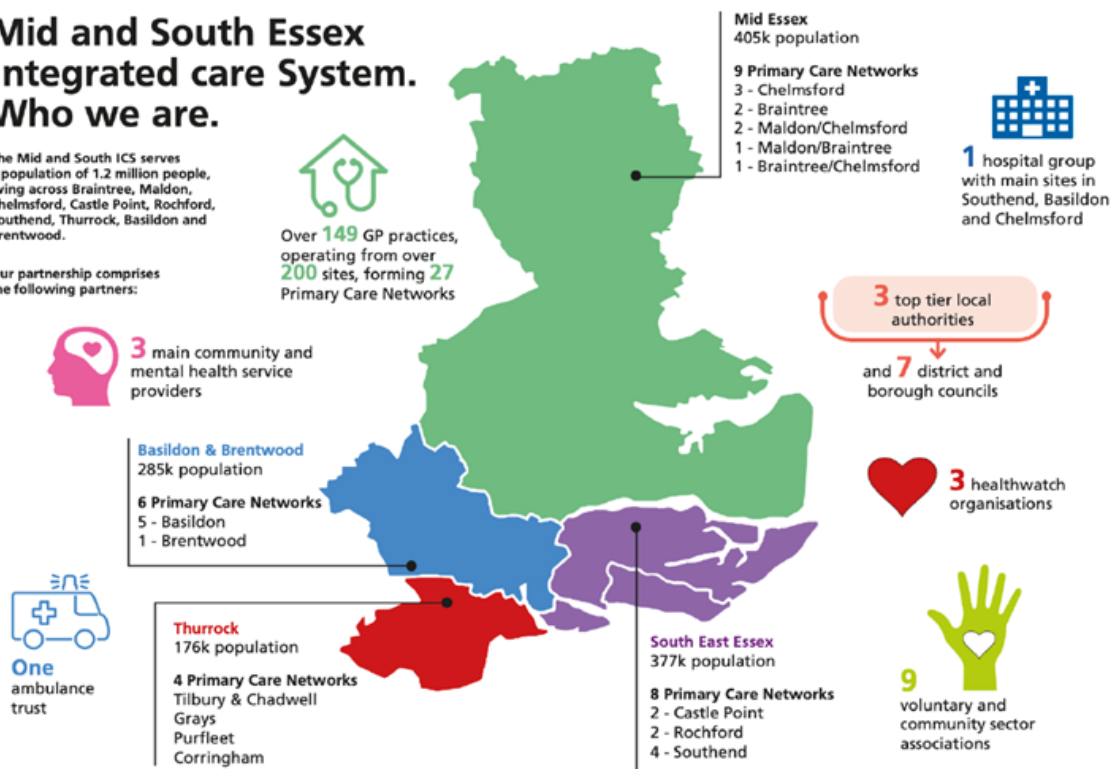
The four goals of integrated care systems are to:

- improve outcomes in 'in the overall health of the population, and in healthcare for individuals;
- tackle inequalities in outcomes, experience and access;
- enhance productivity and value for money; and
- help the NHS support broader social and economic development

Mid and South Essex Integrated care System. Who we are.

The Mid and South ICS serves a population of 1.2 million people, living across Braintree, Maldon, Chelmsford, Castle Point, Rochford, Southend, Thurrock, Basildon and Brentwood.

Our partnership comprises the following partners:



The overall strategy to improve health and wellbeing in Mid & South Essex will be developed by the Integrated Care Partnership. The Partnership includes councillors and directors from all the councils in Mid & South Essex, chairs and chief executives from the providers of NHS services, the hospices, the universities, Healthwatch, the Community & Voluntary Service Network and Essex Police.

Southend CCG is no more. At the end of June 2022, all the clinical commissioning groups – which planned and “bought” your NHS care – were abolished. We now have the Mid & South Essex Integrated Care Board (ICB), a new NHS body responsible for the health and wellbeing of the 1.2 million people who live in Basildon, Braintree, Brentwood, Castle Point, Chelmsford, Maldon, Rochford, Southend and Thurrock.

As well as its NHS directors, the board has representatives from Essex, Southend and Thurrock Councils, Essex Partnership and Mid & South Essex Hospitals Trusts and general practice, as well as four lay members. It has a budget of over £2 billion to spend on NHS care. The ICB will work to deliver national targets for the NHS as well as the priorities set out locally.

Although some services will be commissioned once across Mid & South Essex, like A&E or inpatient beds for mental health, other services will be planned on a more local level. This will include community nursing, or extra services in primary care. Four Alliances will be responsible for this; in some areas, these are called "Places".

The South East Essex Alliance Committee covers Castle Point, Rochford and Southend. Its duty is to put into action the Mid & South Essex integrated care strategy as far as it affects SE Essex. The Alliance's workplan includes areas such as the Shoeburyness health and wellbeing centre, falls prevention, understanding and addressing why older people stay longer than necessary in hospital, and seeing how social prescribing can support families. The Committee is currently setting up a wider group of partners to provide more feedback on its work.

The Committee includes the four councils covering the area, the councils for voluntary service, the two Healthwatch, Essex Police, the NHS providers, the hospices and the ICB.

It also has representatives from the primary care networks (PCNs). These networks cover smaller populations of 30-50,000 people and are based around groups of GPs. The PCNs will develop services at a very local level, drawing in social care and the voluntary sector. They are small enough to provide the personal care valued by both people and GPs, but large enough to make an impact through better joint work between GP practices and others in the local health and social care system.

All the parts of the integrated system are required to work with local people, listening to their experiences of care and involving them in improving services. Healthwatch Southend attends these meetings to feed back what you tell us, to help partners engage with residents and to challenge when this does not happen. Please let us know of both good and not so good experiences so that we can help others. Equally, if you would like to know more about any part of the changes, we're here to help.

If you want to read more about these new organisations, please visit:
<https://www.midandsouthessex.ics.nhs.uk/>

There is a video explaining the national changes from the King's Fund at:
<https://www.youtube.com/watch?v=blapgFKXv0I>
and further information at:
<https://www.kingsfund.org.uk/publications/integrated-care-systems-explained#systems>

Each of the four Primary Care Networks also has a website:
<https://www.ss9pcn.nhs.uk/>

<https://www.westcentralpcn.nhs.uk/>
<https://www.southendvictoriapcn.nhs.uk/>
<https://www.southendeastpcn.nhs.uk/>

What are we up to in Healthwatch Southend?

Together with SAVS, we are running a project to identify people who have chronic obstructive pulmonary disorder (COPD) who can talk about some of the barriers they face in living healthy lives. We will connect them up with people who take decisions about NHS and other services, so they can learn from real experiences and use that to improve outcomes.

We are also going to be talking to deaf people about their experiences of general practice, followed by another exercise to talk to deaf people about mental health services. We know how difficult access to the NHS can be for those without hearing loss, so the views of local residents who are deaf are critical in making things better.

Access to general practice worries so many people in Southend. That's why we will be asking people about how easy it is to use one of the digital systems (eConsult or Patches) to make an appointment. We will work with local practices to share good practice as well as highlighting areas where patients struggle. If you would like to be involved in any of these projects, please let us know.

- calling (01702) 416320
- emailing us via info@healthwatchsouthend.co.uk
- filling in the contact page on our website <https://en-gb.facebook.com/HealthwatchSouthend/>

Thorpe Bay and Shoeburyness Christmas Day Collection



We want to build on the success of our annual donation days and run our third event to collect gifts for local charities including St Vincent de Paul – Southend, The Salvation Army Shoeburyness, Welcome to the UK, Aspirations Program and other local projects.

We will be asking for festive food items, new toys, gifts and pre-loved festive jumpers and books. Goldings Estate Agents will continue to take donations at their offices in The Broadway, Thorpe Bay until 7th December.

Venue & Date

We plan to open for two hours from 12 – 2pm on Sunday 4th December. Thorpe Bay Methodist Church have kindly agreed for us

to use their church as a donation hub. They have a large car park with disabled spaces which means it is a very accessible venue.

Refreshments & carols

We will be serving coffee & mince pies with Christmas carols for everyone dropping by.

2) National Corner

Co-ordinated strikes by NHS staff could hit hospitals

Nurses, paramedics and hospital staff are planning to co-ordinate strikes over the winter to cause maximum disruption to the NHS, it is reported. The six largest health unions have held talks about launching a series of walkouts at the same time, raising the prospect of already overstretched NHS hospitals being brought to a standstill this Christmas, ahead of a meeting with Health and Social Care Secretary Steve Barclay today.

Cost of living sends over-50s back to work

Nine in ten economically inactive over-50s are considering returning to work as the soaring cost of living looks set to force people into new jobs, according to online jobs website CV-Library. Since the beginning of the pandemic, the number of people aged 50 to 64 classed as economically inactive has risen by 3.6 million or 10 per cent, which looks set to change as record inflation, pension worries and higher energy bills have left 91 per cent of inactive workers in the age bracket considering re-entering the workforce.

Inflation grows to 11.1 per cent

Inflation has risen to a 41-year high of 11.1 per cent, led by the latest rise in energy bills. The Office for National Statistics (ONS) said the increase, from 10.1 per cent in September rose further despite the Government's energy price guarantee.

Insolvencies rise in England and Wales

The number of companies collapsing into insolvency in England and Wales has risen by nearly 40 per cent in the last year, as energy prices soar. There were 1,948 company insolvencies in England and Wales in October up 16 per cent from September's total of 1,684.

Council tax rises

Councils in England will have flexibility to raise council tax by increasing the referendum limit to 3 per cent per year from April 2023. Those with social care responsibilities will also have the ability to add a precept of up to 2 per cent per year, Chancellor Jeremy Hunt has announced. The Treasury estimates that 95 per cent of councils will raise rates by the maximum amount, with the change expected to bring in an additional £4.8 billion a year by 2027/28. LGA Chairman Cllr James Jamieson, said: "We have been clear that council tax has never been the solution to meeting the long-term pressures facing services - particularly high-demand services like adult social care, child protection and homelessness prevention. It also raises different

amounts of money in different parts of the country unrelated to need and adding to the financial burden facing households.”

Rail strikes continue

Members of the RMT union have voted to continue strike action over the next six months in a dispute over pay and conditions. Members of the RMT union working at Network Rail and 14 train-operating companies were re-balloted before their initial six-month mandate was due to expire at the end of this month.

Electric cars no longer exempt from tax

Electric car owners will have to pay vehicle excise duty from April 2025 in a move designed to make the motoring system “fairer”, the Chancellor Jeremy Hunt has announced. The AA has warned that the move would reduce the incentive to switch to electric vehicles, but Cllr David Renard, transport spokesperson for the LGA, said electric vehicles still contribute to carbon emissions, congestion and wear and tear on roads. “It’s only fair then that drivers contribute towards these additional costs and help support investment in even lower carbon alternatives such as public transport, buses, cycling and walking.”

Rents rise at fastest rate since records began

Rental prices have increased at the fastest rate since records began, figures from the Office for National Statistics have suggested. Private rental prices increased by 3.8 per cent in the 12 months to October 2022, representing the largest annual percentage change since records began in January 2016.

Social rent cap set

A cap on the increase in social housing rents has been set at a maximum of seven per cent, saving the average tenant £200 next year, it was announced in Thursday’s Autumn Budget. The Chancellor Jeremy Hunt said that without the cap, those living in the social rented sector could have seen increases of up to 11 per cent as a result of high inflation rates.

Energy bills to rise in April

The energy price cap will be raised in April, with the average energy bill for a typical household increasing to £3,000, from £2,500 now, the Chancellor Jeremy Hunt announced in his Autumn Budget. Additional payments for the most vulnerable were also laid out, with low-income households on means-tested benefits receiving an extra £900, and those who use heating oil or alternative fuels to get £200.

Retail sales below pre-pandemic levels

Retail sales in the UK remain weaker than before the pandemic, as inflation hits incomes, according to the Office for National Statistics. Sales volumes have reduced by 2.4 per cent over the last three months, continuing the downward trend seen since summer 2021 as the cost of living crisis impacts people’s spending.

3) Crime Report 7th to 13th November 2022

Ward **Southchurch**
 Crime Reference Number 42/275359/22
 Offence Description Theft from a motor vehicle
 Reported Date and Time 08/11/2022 21:15
 Committed Date (From) 08/11/2022 10:00
 Street partial postcode **NEWINGTON AVENUE SS2 4**
 Offence Details (MO)
 SUSPECTS UNKNOWN REMOVED A PETROL STIHL BG86C LEAF BLOWER FROM REAR OF VEHICLE. ATTACKED -WHITE 2021 FORD TRANSIT.

Ward **Southchurch**
 Crime Reference Number 42/276311/22
 Offence Description Theft from a motor vehicle
 Reported Date and Time 10/11/2022 10:33
 Committed Date (From) 09/11/2022 20:00
 Street partial postcode **SHOEBURY ROAD SS1 3**
 Offence Details (MO)
 SUSPECT UNKNOWN BY MEANS UNKNOWN GAINED ENTRY TO BLACK BMW X1 SDRIVE AND REMOVED ITEMS. STOLEN - SUNGLASSES : STOLEN - BINOCULARS : STOLEN - DISABLED BADGE : STOLEN - AFTERSHAVE.

Ward **Southchurch**
 Crime Reference Number 42/278495/22
 Offence Description Other criminal damage to a building - business and community (Under £5,000)
 Reported Date and Time 12/11/2022 23:23
 Committed Date (From) 12/11/2022 23:23
 Street partial postcode **GARON PARK SS2 4**
 Offence Details (MO)
 SUSPECT UNKNOWN CAUSED DAMAGE TO BUSINESS DOOR BY PUNCHING A HOLE.

Ward **West Shoebury**
 Crime Reference Number 42/277305/22
 Offence Description Other criminal damage to a residence (Under £5,000)
 Reported Date and Time 11/11/2022 13:33
 Committed Date (From) 11/11/2022 11:15
 Street partial postcode **WEST ROAD SS3 9**
 Offence Details (MO)
 SUSPECTS UNKNOWN CAUSED DAMAGE TO PROPERTY FRONT WINDOW.

4) Temporary Road Closure

Lifstan Way – Footway Resurfacing Works – 21st November 2022 for 21 days

Notice is given that the Southend-on-Sea City Council under Section 14(1) of the Road Traffic Regulation Act 1984 proposes to make the above Order.

Southend-on-Sea City Council will be carrying out footway resurfacing works in Lifstan Way, from the junction with Eastern Esplanade to the junction with Shaftesbury Avenue.

The proposed works are listed in Table 1 to this notice. The effect of the order will be to temporarily prohibit; traffic, waiting, loading, unloading, parking and pedestrian access pedestrian access on the footway.

Further details regarding the impact of the scheme and the actual traffic management controls being applied will be included in notifications in advance of each phase, to residents and businesses as required, not forming part of this Order. The dates provided in Table 1 may vary; notice will be provided at the earliest possible point.

The Order will be made on **21st November 2022** and is anticipated to be complete within **21 days**.

Access for emergency vehicles, vehicles being used in connection with the works, residents and pedestrians will be always maintained during the closure.

Any vehicle waiting in contravention of any restriction/prohibition imposed by this Notice may be issued with a Penalty Charge Notice.

Table 1

Road Name	Lifstan Way
Restriction	Prohibition of traffic, waiting, loading, unloading and parking
Extent of Works	From the junction with Eastern Esplanade and Shaftesbury Avenue
Diversion Route	Shaftesbury Avenue – Bryant Avenue Diversion 1: Plas Newydd – Shaftesbury Avenue

5) List of Applications Registered Week Ending 18th November 2022

Application Number: 22/02028/FUL
Officer: James Benn
Install external door access to rear
244 Hamstel Road Southend-on-Sea Essex

Ward: Southchurch

Application Number: 22/02182/FULH
Officer: James Benn
Erect single story rear extension
32 Tyrone Road Thorpe Bay Essex

Ward: Thorpe

6) List of Decisions Issued Week Ending 13th November 2022

APPLN. NO: 22/01818/TPO **Ward. Southchurch**
Officer: Scott Davison
REDUCE CROWN BY 1.5M AND CROWN THIN BY 10% ONE HOLM OAK TREE
IN REAR GARDEN (APPLICATION FOR WORKS TO TREES COVERED BY A
TREE PRESERVATION ORDER)
49 BROADCLYST GARDENS THORPE BAY ESSEX
Decision: Grant consent to carry out work to trees

APPLN. NO: 22/02103/ROT **Ward. Southchurch**
Officer: Gabriella Fairley
INSTALLATION OF 6NO. NEW ANTENNAS AND THE REMOVAL OF 1NO
EXISTING CABINET TO BE REPLACED WITH 1NO. NEW CABINET AND
ASSOCIATED ANCILLARY WORKS THERETO
**SOUTHEND HIGH SCHOOL FOR GIRLS SOUTHCHURCH BOULEVARD
SOUTHEND-ON-SEA**
Decision: Telcom notice - Do not register Date Decision

APPLN. NO: 22/01793/FULH **Ward. Thorpe**
Officer: Kara Elliott
ERECT HIPPED TO GABLE ROOF EXTENSIONS TO FRONT AND REAR WITH
DORMERS TO SIDES TO FORM HABITABLE ACCOMMODATION IN THE
LOFTSPACE
62 PARKANAUR AVENUE THORPE BAY ESSEX
Decision: Grant Conditional Permission

APPLN. NO: 22/01798/FULH **Ward. Thorpe**
Officer: Scott Davison
HIPPED TO GABLE ROOF EXTENSION WITH REAR DORMER TO FORM
HABITABLE ACCOMMODATION IN THE LOFTSPACE, ERECT SINGLE STOREY
REAR EXTENSION
126 LIFSTAN WAY SOUTHEND-ON-SEA ESSEX
Decision: Grant Conditional Permission

APPLN. NO: 22/01742/FULH **Ward. West Shoebury**
Officer: Hayley Thompson
ERECT TWO STOREY REAR EXTENSION WITH GABLED ROOF TO REAR WITH
BALCONY TO FORM HABITABLE ACCOMMODATION IN THE LOFTSPACE,
ERECT SINGLE STOREY REAR AND FRONT EXTENSIONS, CONVERT
GARAGE INTO HABITABLE ACCOMMODATION AND ALTER ELEVATIONS
78 LEITRIM AVENUE SHOEBURYNESS SOUTHEND-ON-SEA
Decision: Grant Permission

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